Find the explicit formula for each sequence.

1. $-39, -37, -35, -33, \dots$

 $2. \qquad -28, -128, -228, -328, \dots$

 $3. \quad 13, -87, -187, -287, \dots$

 $4. \quad -3, 5, 13, 21, \dots$

 $5. \quad 24, 34, 44, 54, \dots$

6. $-21, -51, -81, -111, \dots$

7. $-37, -17, 3, 23, \dots$

8. $32, -68, -168, -268, \dots$

9. $3, 11, 19, 27, \dots$

10. $31, -169, -369, -569, \dots$

 $11. -11, 189, 389, 589, \dots$

12. $-16, -14, -12, -10, \dots$